Learning Disability Week - Festival in the Meadows

Learning Disability Week 2015 is from 15-21 June. This year’s theme is Equality. To celebrate this, there will be a celebration of the achievements of people who have a learning disability and the organisations who provide support. Activities will include:

- Arts & Crafts
- Stalls
- Football
- Music
- Zumba
- Rugby

The event will be held in the Meadows beside the pavilion café, off Melville Drive, Friday 19th June, 12 noon to 3pm. Please come along, everyone welcome!

For more information, contact the Local Area Co-ordination team on 0131 659 7842.
LCiL - Peer Support for Parents and Carers in June

The Lothian Centre for Inclusive Living (LCiL) hosts a peer support group for parents and carers of disabled children and children with additional support needs.

Meetings are held once a month, alternating Monday and Thursdays at Norton Park Conference Centre in the Napier Room, 57 Albion Road Edinburgh EH7 5QY. 10.30am -1.30pm. Lunch from 12:30pm.

Thursday 18th June – Moving Out of Home

Two guest speakers from Housing Options Scotland will speak about the pathway for a young disabled person moving out of home.

A development worker from Housing Options Scotland will speak about when to start the process, finding a home for a disabled person (buying, private renting and social housing) and grants and adaptations.

A Housing Options Scotland peer supporter from Edinburgh will speak about her experience as a mother going through the maze of social work to get the right support package for her son so he could move out of the family home into his own flat.

To let them know you would like to attend or find out more information about the peer support group, contact Emma Wynack at LCiL on 0131 475 2554 or email emma.wynack@lothiancil.org.uk

EDG - Leith Community Circle

The Leith Community Circle meets on the second Tuesday of each month at 5.30-8pm, at Dr Bells Family Centre, 15 Junction Place, Edinburgh EH6 5JA.

They talk about friendship, community and diversity. In the meetings, they often find ways to help each other and make the community better. They share food at the start of the meetings. The circle is free but you are welcome to bring your own food along and share it. They want to have as many people come along as possible.

The next meeting is on Tuesday 9th June. If you would like to go along, call Gillian or Steve on 0131 476 0522
Do you have a learning disability and are lesbian, gay, bisexual or transgender?

At LGBT Health’s social events you can meet people like you, make friends and have fun. They can give you advice and support by emailing you, speaking on the phone or meeting in person.

1800 people with a learning disability in Scotland are lesbian, gay, bisexual or transgender. Many people who are LGBT and have a learning disability can be afraid to tell people about their sexuality or gender identity for fear of rejection or discrimination.

LGBT Health offers a unique programme of support and activities for LGBT people with learning disabilities, alongside guidance and training for carers and professionals.

Find out more by visiting their website at www.lgbthealth.org.uk, or contacting George by calling 0131 652 3281 or email george@lgbthealth.org.uk

Get2gether at the Cav – Glitter Ball

To celebrate Pride and Learning Disability Week, Get2gether are holding a special club night. The theme of the week is equalities, and they hope the night will capture the spirit of this for everyone.

The club night is 18th June, from 8pm-midnight, at The Cav, 3 West Tollcross, EH3 9BP. The venue is mainly accessible. Price is free for members, £5 for non-members.

For tickets or more information, call 0797 0000 454.
Can technology help us age better?

Heriot Watt University are exploring how technology might affect health and well-being. You can help!

Are you 65-75 years old? Want to learn how to use a tablet PC? You’ll be given a tablet PC to use during the study. Any level of computing experience is welcome.

To find out more about how to take part, contact Ria on 0131 451 8009 or email healthyageing@hw.ac.uk

ENABLE events in June

Volunteers’ Week event -
Friday, June 5th from 1.30pm -4pm at 95 Causewayside.
This will be a celebration of volunteering in Enable, both nationally and in Edinburgh, and will feature the launch of Enable’s new volunteering brand. It will be an opportunity to tell people how they can help the Edinburgh Branch by joining our existing band of loyal volunteers. Refreshments will be available.

ENABLE Branch AGM
Monday, June 22nd at 7:30, again at 95 Causewayside.
As well as the usual formal AGM business, Enable’s Volunteer Coordinator, Paul O’Kane, will give feedback on the Volunteers’ Week event. Refreshments will be served.

If you want to attend these events, email David Barraclough at drbarreraclough@hotmail.com or call FAIR on 0131 662 1962.