

FAIR – 25th Anniversary Party - Update

As we mentioned in our last newsletter, this year marks 25 years since FAIR was first set up, in 1991!

FAIR grew out of the work done over several years by the South Edinburgh Group, providing services for people with learning disabilities. Families asked for a one stop information service that was not part of the health service or social work department.



FAIR was set up to provide information and advice to people with learning disabilities and carers on all aspects of life.

There will be an event on **17th November 2016** from **11am to 3pm** to celebrate 25 years of giving our service to the community.

We are going to hold a raffle/tombola so if anyone would like to donate raffle prizes, we would be very grateful! Raffle tickets will be available at the party. Prizes so far include cinema tickets, theatre manuscripts and a signed Hibs top and football! More to be announced!

The party will include music, dancing, face painting, photo booth, games, party food.

All are welcome!

FAIR's AGM

FAIR's Annual General Meeting (AGM) will be held on **24th November 2016** at 95 Causewayside, Edinburgh, at 11.30am. Light refreshments will be available.

Please call **0131 662 1962** or email **fair@fairadvice.org.uk** to let us know if you can attend.

Consultation on Social Security in Scotland

New changes to the law mean that the Scottish Government will run its own social security service. They want to work with people across Scotland to find the best way to do this.

They are having a consultation so that everyone can have their say.

The Scottish Government would like you to read the Consultation and answer some questions. They would like you to send your written answers to them by **Friday 28th October 2016**.

There is an Easy Read version of the consultation, which you can ask for by calling **0131 244 7763** or email **socialsecurityconsultation@gov.scot**



Morisons Imaginarium Art Competition

Morisons Solicitors are holding their annual Imaginarium Competition for people living with a learning or physical disability. Artwork can be created using any medium including paint, pencil, collage, ceramics, photography or the computer. This year's theme is 'Where I Live'.

Prizes will be awarded for different age categories, from 2 to 92, and include the opportunity to go to a one day art workshop. Entries can be from an individual or a group. Please note that artwork will not be returned.

The closing date for entries is **Friday 16th December 2016**.

Entries should be submitted to: Gillian Brown, Morisons Solicitors,
1 Exchange Crescent, Edinburgh EH3 8AN

To find out more, call **0131 226 6541**
email **gillian.brown@morisonsllp.com**
or go to the website **www.adviceforcarers.co.uk**

The Engine Shed – Closing Down

The Engine Shed closed their café at St Leonard's Lane in March 2015. Since then they have been trying to set up a new café and training resource somewhere in Edinburgh. Lots of people had ideas about how to take things forward, but sadly they have not been able to find a venue.

Because of this, the decision has been taken to stop this process and close down the organisation at the end of September.

The staff will put together a report on the work of their organisation over the past 25 years. This will give a lasting record of how young people with learning disabilities experienced their transition through the Engine Shed training programme, developing their confidence and skills to take their first big step into the world of paid work.

Sadly this unique employability resource has been and will continue to be missed by many.

HPV vaccine: The voices of young people with learning disabilities

In 2015, Napier University asked young people about their experiences with the HPV (Human Papilloma Virus) vaccine. They conducted three focus groups with 18 young men with a learning disability.

Now they are holding an interactive and accessible event bringing together people who were involved in the first study, members of the public, and professionals.



Topics will include: how to engage young people in the HPV vaccination programme; how to raise awareness of HPV and the HPV vaccination across Scotland; and training/education issues for staff and communities.

The event is on **Tuesday 11th October, 10:30am-12:30pm** at Edinburgh Napier University, Sighthill Campus, Block D, Level 5.

If you would like to attend the event or find out more, contact Elaine Carnegie on **0131 455 2705** or email **e.carnegie@napier.ac.uk**.

Stress Relief for Carers Project

The Planetary Healing Centre is a small charity that helps people in the community with their health and well-being. They have recently started a project called Stress Relief for Carers, which will give 8-16 holistic therapy sessions a year for unpaid carers. Each session is person centred and lasts about an hour. Carers choose which therapy they feel would help them most.

Therapies include various types of massage, shamanic healing, acupuncture, reflexology and Reiki.

The sessions are free but donations would be welcome. The Planetary Healing Centre is at 288 Portobello High Street, Edinburgh, EH15 2AS.

To find out more, call **0131 657 5680**
or visit the website: **www.planetary-healing.org**

Warm Home Discount 2016/17

The Warm Home Discount (WHD) is a government scheme aimed at tackling fuel poverty in Great Britain.

The scheme helps less well-off pensioners, through a direct rebate of £140 to their electricity or gas account. You are eligible for the rebate if you receive Pension Credit Guarantee Credit.



The scheme is also supposed to help other people, on a first come, first served basis, with customers of participating suppliers applying directly for support.

If you don't know whether you qualify for a Warm Home discount for 2016/17 you can contact your supplier direct or call FAIR for advice on **0131 662 1962**.



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